

Sports Clubs -Lunch/Afterschool
3.10-4.10pm

Tuesday

Wednesday

Thursday

Classroom (PE1)
Afterschool Year 10 BTEC Sport
Support Session

Lunchtime:
Sports hall
Badminton/Basketball

Sports Hall - Volleyball - All
Years



Field - Athletics - All Years



Field - Rounders - All Years



Sports hall - Basketball - All Years



Field - Cross Country - On these dates!
23/4/26, 7/5/26, 21/5/26, 11/6/26, 25/6/26

Astro/Sports hall - Cricket - All Years



S+C Suite - Cross Fit - All Years



Friday Morning CrossFit

- Friday Morning CrossFit will take place from 8:00-8:35 (students will be done by 8:35 so won't be late for lessons) starting this Friday (16/1/25).
- Year 7, 8, 9 and 10 will be doing a structured Workout of the Day (WOD) based program.
- Year 11, 12 and 13 have the option to use it for their own individual sessions, or they can join in with the pre-programmed stuff that will be staff led.

