

# Yr 7 U Physical Education Curriculum 2014 – 2015

Week 1 – Tues 3, Fri 1

Week 2 – Tues 3, Fri 1

GROUP: TEACHER:	BOYS 1 CB	BOYS 2 CMS/RGL	GIRLS 1 LH	GIRLS 2 GHP	KEY PROCESS
<b>FOCUS: Introduce and Develop Skills</b> (Majority Physical Skills)					
Half Term 1 03/09/14- 23/10/14 (7 Weeks)	<b>Setting via Multi Skills/Multi Sports</b>				
	Rugby	Gym	Hockey	Dance	Invasion Games – <b>Developing Skills</b> Gym/Dance – <b>Evaluate and Improve</b>
Half Term 2 03/11/14- 5/12/14 (5 Weeks)	Gym	Rugby	Dance	Hockey	
08/12/14- 19/12/14 (2 Weeks)	<b>Interhouse Sport</b>				
Half Term 3 05/01/15- 13/02/15 (6 Weeks)	Football	Fitness	Netball	Fitness/Gym	Invasion Games – <b>Developing Skills</b> Gym/Dance – <b>Evaluate and Improve</b> Fitness – <b>Healthy Active Lifestyles</b>
Half Term 4 23/02/15- 27/03/15 (5 Weeks)	Fitness	Football	Fitness/Gym	Netball	
13/04/15- 24/04/15 (2 Weeks)	<b>Interhouse Sport</b>				
Half Term 5 27/04/15- 22/05/15 (4 Weeks)	Athletics	Striking/Fielding	Athletics	Striking/Fielding	Athletics – <b>Develop Physical/Mental Capacity</b> Striking/Fielding – <b>Developing Skills</b>
Half Term 6 01/06/15- 03/07/15 (5 Weeks)	Striking/Fielding	Athletics	Striking/Fielding	Athletics	
06/07/15- 17/07/15 (2 Weeks)	<b>Interhouse Sport</b>				