

Yr 8 GRYP Physical Education Curriculum 2014 – 2015

Week 1 – Tues 1, Thurs 3

Week 2 – Mon 1, Thurs 3

GROUP: TEACHER	BOYS 1 AMC	BOYS 2 GHP	GIRLS 1 LH	GIRLS 2 JMP	MIXED 1 CS	EMPHASIS
FOCUS: Refine, Evaluate and Improve skills (Growing emphasis on creative and cognitive elements whilst maintaining physical)						
Half Term 1 03/09/14- 23/10/14 (7 Weeks)	FIELD RUGBY	SPORTS HALL BASKETBALL	ASTRO HOCKEY	STUDIO DANCE (Drama on a Tues 1 Wk 1)	FITNESS SUITE FITNESS	Invasion Games – Make/Apply Decision Gym/Dance – Evaluate and Improve Fitness - Healthy Active Lifestyle
Half Term 2 03/11/14- 5/12/14 (5 Weeks)	SPORTS HALL BASKETBALL	FITNESS SUITE FITNESS	FIELD/COURTS NETBALL	ASTRO HOCKEY	STUDIO TABLE TENNIS (Foyer on a Tues 1 Wk 1)	
08/12/14- 19/12/14 (2 Weeks)	Interhouse Sport					
Half Term 3 05/01/15- 13/02/15 (6 Weeks)	FITNESS SUITE FITNESS	FIELD FOOTBALL	STUDIO DANCE (Drama on a Tues 1 Wk 1)	SPORTS HALL BASKETBALL	ASTRO HOCKEY	Invasion Games – Make/Apply Decision Gym/Dance – Evaluate and Improve Fitness - Healthy Active Lifestyle
Half Term 4 23/02/15- 27/03/15 (5 Weeks)	FIELD FOOTBALL	SPORTS HALL GYM	FITNESS SUITE FITNESS	HARDCOURT NETBALL	ASTRO FOOTBALL	
13/04/15- 24/04/15 (2 Weeks)	Interhouse Sport					
Half Term 5 27/04/15- 22/05/15 (4 Weeks)	FIELD ATHLETICS	FIELD STRIKING + FIELDING	FIELD Athletics	FITNESS SUITE FITNESS	SPORTS Hall GYM	Athletics – Develop Physical/Mental Capacity Striking/Fielding – Developing Skills Gym – Evaluate/Improve Fitness - Healthy Active Lifestyle
Half Term 6 01/06/15- 03/07/15 (5 Weeks)	SPORTS HALL GYM	FIELD ATHLETICS	FIELD ROUNDERS	HARDCOURT TENNIS	ASTRO STRIKING+ FIELDING	
06/07/15- 17/07/15 (2 Weeks)	Interhouse Sport					

